



COBRAS

2023 CESSNOCK COBRAS JUNIOR REP

Cessnock Basketball™ runs a representative basketball program for the juniors of Cessnock with aspirations to compete at a higher level. Our Cessnock Cobras representative teams compete in Basketball NSW competitions, plus a range of preseason events.

In 2023 we hope to provide a full rep program for U14, U16 and U18 boys and an introductory rep program for U12 boys and girls, and U18 girls, building to a full rep program in future years.

SEASON OVERVIEW

- December – Trial and team selections
- December-February – Pre-season
- March-June – Regular season
- July – Finals

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TRIALS

Cessnock will hold its junior rep trials on Sunday, the 4th of December and Sunday, the 11th of December.

- U14 Boys – Sunday, December the 4th and Sunday, December the 11th, 4:00 – 5:00 pm
- U16 Boys – Sunday, December the 4th and Sunday, December the 11th, 5:00 – 6:00 pm
- U18 Boys – Sunday, December the 4th and Sunday, December the 11th, 5:00 – 6:00 pm
- U12 Girls – Sunday, December the 4th and Sunday, December the 11th, 3:00 – 4:00 pm
- U18 Girls – Sunday, December the 4th and Sunday, December the 11th, 4:00 – 5:00 pm

Players can register for the trials at <https://www.cessnockbasketball.com.au/rep-trials/>.

Cessnock will select up to two teams (Div 1 and Div 2) in each age group. Teams will consist of a maximum of 10 players. Each team may select up to two development players.

Cessnock will select players using the following criteria:

- Potential to compete at a higher level.
- Athletic ability.
- Desire and commitment to working hard to improve basketball skills.
- Be receptive to coaching.
- Ability to perform within a team environment.

Subjectivity is an unavoidable element of the selection process. Team selection is based on these criteria with consideration to the balance and makeup of the team.

It is an expectation that all athletes attend all trials if aiming for selection.

Cessnock expects injured players to attend trials to be considered for selection.

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GAMES

All teams will compete at the Central Coast Basketball Coastal Classic preseason tournament on the last weekend (27th – 29th) of January 2023.

Coaches may arrange one-off preseason games against nearby associations such as Maitland or Newcastle.

All teams will compete at the Central Coast Waves Wipeout Tournament on the 14th, 15th and 16th of April. Acceptance and details to be confirmed by Central Coast Waves Basketball.

Div 1 boys' teams will compete in the 2023 Spalding Waratah North-Eastern Junior League (NEJL). The schedule, venues and acceptance are to be confirmed by Basketball NSW. Tentative dates follow.

NEJL U16s & U18s

- Round 1.1 – 4th & 5th March
- Round 2.1 – 25th & 26th March
- Round 3.1 – 6th & 7th May
- Round 4.1 – 17th & 18th June

NEJL U14s

- Round 1.2 – 11th & 12th March
- Round 2.2 – 1st & 2nd April
- Round 3.2 – 13th & 14th May
- Round 4.2 – 24th & 25th June

NEJL ALL AGES

- Finals – 22nd & 23rd July

Div 2 teams will compete in the Newcastle Basketball Winter Junior Competition during Term 2, with weekly Friday games. The schedule, venues and acceptance to be confirmed by Newcastle Basketball.

All teams will compete at the John Martin Country Tournament, June Long Weekend, 10th – 12th of June. Again schedule, venues and acceptance are to be confirmed by Basketball NSW.

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TRAINING

Player attendance and participation in training sessions are essential. Training sessions are compulsory. Each team will have 1-2 training sessions per week (dates and times to be advised). Extra training sessions may be scheduled, especially leading up to finals.

If a player cannot attend a training session for any reason, parents should give advanced notification to the team coach.

Injured players should attend training sessions to learn from watching and listening.

Players should arrive at training at least 10 minutes before the start time and be warmed up and ready to go when the session begins.

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LEVIES

Player levies help contribute to the costs, training fees and equipment associated with the Cessnock Cobras junior representative basketball program. Cessnock Basketball subsidises the program to help make representative basketball more accessible for our juniors. Player levies contribute to:

- Coastal Classic preseason tournament fees.
- Central Coast Waves Wipeout Tournament fees.
- BNSW North-Eastern Junior League nomination, game and association fees.
- BNSW John Martin Country Tournament fees.
- Newcastle Winter Comp fees.
- Referee fees.
- Court hire fees for training.
- Team equipment.

Levies will be payable in instalments during the season.

PLAYER LEVY

The levy for Cessnock Cobras Div 1 players is \$700, payable in three installments. The first instalment of \$230 is due by the 31st January. The second instalment of \$230 is due by the 31st of March. The third instalment of \$240 is due by the 31st of May.

The levy for Cessnock Cobras Div 2 players is \$550, payable in three installments. The first instalment of \$180 is due by the 31st January. The second instalment of \$180 is due by the 31st of March. The third instalment of \$190 is due by the 31st of May.

DEVELOPMENT PLAYER LEVY

The levy for development players is \$300, payable in three installments. The first instalment of \$100 is due by the 31st of January. The second instalment of \$100 is due by the 31st of March. The third instalment of \$100 is due by the 31st of May.

BNSW MEMBERSHIP

Players will be required to have an up-to-date BNSW membership to participate in BNSW endorsed competitions.

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UNIFORM REQUIREMENTS

All players are expected to be in full uniform. It is the responsibility of the individual to purchase these items.

Compulsory uniform items will need to be ordered soon to ensure they arrive for the beginning of the season. Further information on how to order will be provided as soon as possible.

All players (boys and girls) should have a CBA reversible singlet. This will be a training singlet for everyone and a playing singlet for girls.

A guide on costs follows.

- Reversible playing singlet - \$55 (compulsory, boys only)
- Playing shorts - \$45 (compulsory, boys only)
- CBA reversible singlet - \$50 (compulsory, boys and girls)
- Short sleeve warm-up top - \$50 (optional)
- Long sleeve warm-up top - \$60 (optional)
- CBA t-shirt - \$30 (optional)
- CBA hoodie - \$60 (optional)
- Polo shirt - \$50 (optional)

Cessnock Cobras players, coaches and volunteers should be in Cessnock Basketball branded tops (hoodies, warm-up tops, t-shirts, or polos) when coming to and from games. These should be their outermost layer of clothing. This helps build our culture and professionally represent Cessnock Basketball.

Uniforms can be ordered at <https://www.cessnockbasketball.com.au/cessnock-cobras-uniform-orders/>.

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GAME DAY COMMITMENTS

Parents will be required to help with score table duty on a rotational basis on competition weekends.

For further information on how to help with score table duty please visit our website

<https://www.cessnockbasketball.com.au/scoretable>.

COURT TIME

Representative basketball is an elite program. Playing time is never guaranteed. Playing time is guided by the level of competition, the role of the player in each game, and the importance of the game.

For disciplinary reasons, a coach may reduce court time if a player:

- does not attend all training sessions;
- is not punctual for all training sessions and games;
- does not give 100% effort at training sessions and matches;
- is disruptive at training sessions or games;
- does not attend training sessions without notifying the coach;
- displays poor sportsmanship towards the coach, other players, officials, or spectators; or
- is found to be behaving in a manner that will negatively affect the reputation of Cessnock Basketball Association.

Coaches and Cessnock Basketball Association may also demote a player to a lower division team or remove a player from the Cessnock Cobras representative program for disciplinary reasons.

It is important that parents support the coach. Coaches have to make hard decisions every day concerning the welfare of the association, the team and individual players. Unless parents demonstrate 100% faith in their child's coach, it is unlikely that the child will develop and progress as they should.

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ABOUT CESSNOCK BASKETBALL ASSOCIATION

Cessnock Basketball Association Inc is a not-for-profit organisation with a vision to grow, promote and nurture the love of basketball within the greater Cessnock community. CBA is committed to excellence in providing basketball competitions, training, camps and other programs for boys and girls, men and women of all ages and abilities.

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Phone: 0240094060.

Web: <https://www.cessnockbasketball.com.au/>

Facebook: <https://facebook.com/cessnockbasketballassociation>

Instagram: <https://www.instagram.com/cessnockbasketball/>

Twitter: <https://twitter.com/cessnockbball>

NSW Incorporation Number: INC2200267

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Registered Trading Names: Cessnock Basketball, Cessnock Cobras

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